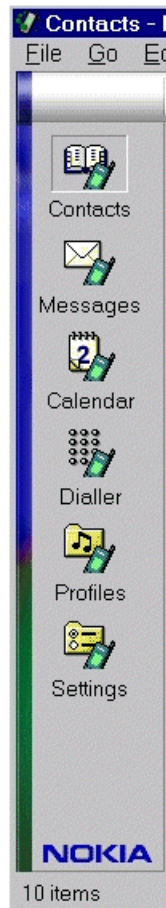


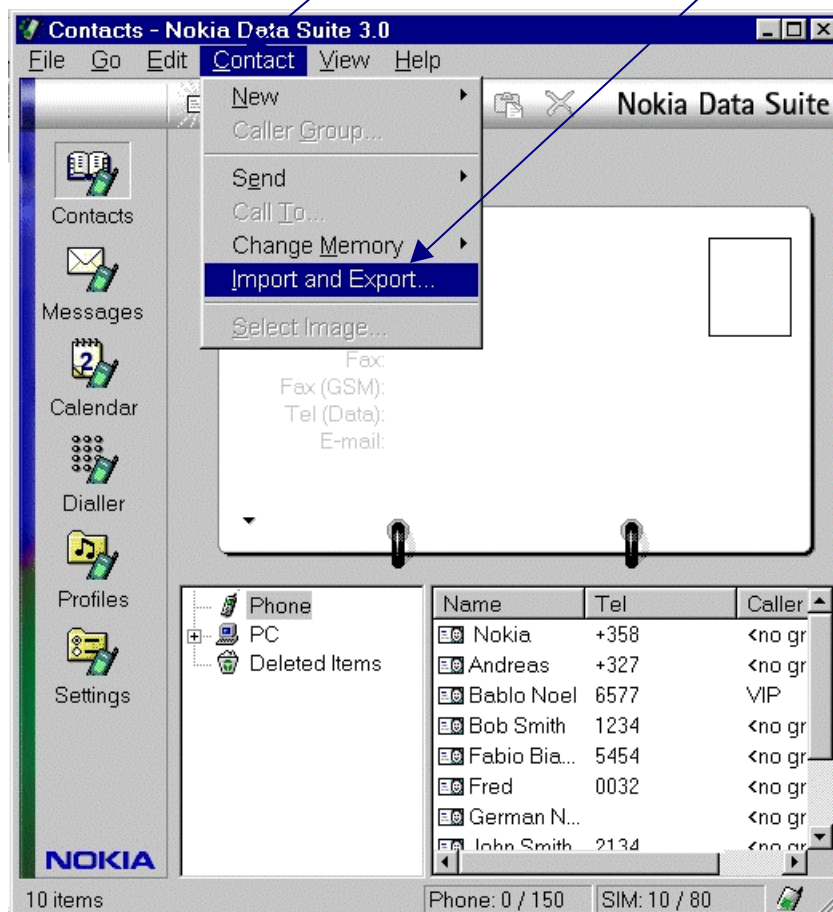


Quick Guide for Importing and Exporting Contacts between Nokia Data Suite and MS Outlook 97/98 or MS Schedule+



Click the Contacts icon on the Nokia Data Suite bar.

Next select the Contact menu and then Import and Export.



Now, select the contacts you want to export.

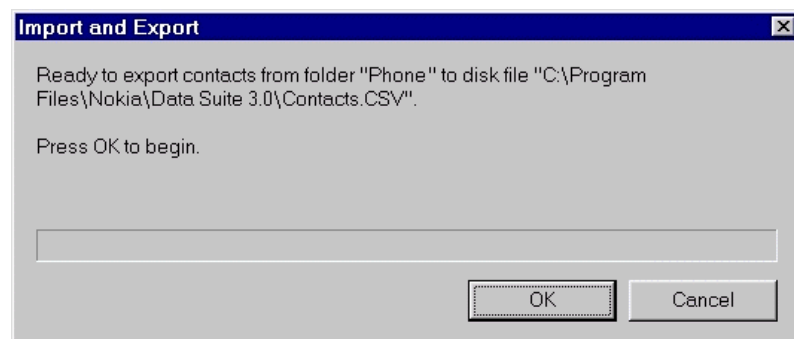
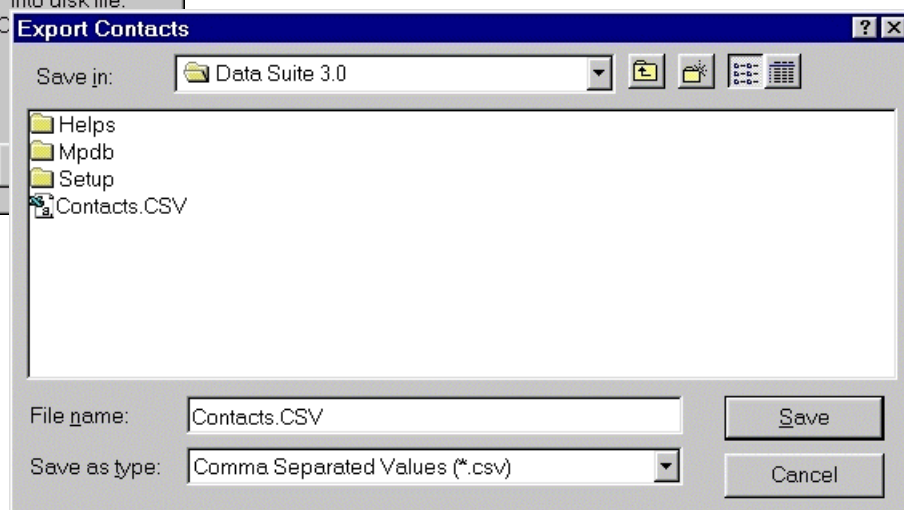
To Export

Select Export to file and
Click Next



Type a name for the file you want to export and select the location in which you want to save the file. Click Save.

Nokia Data Suite 3.0 will save it as a *.csv file



To Import

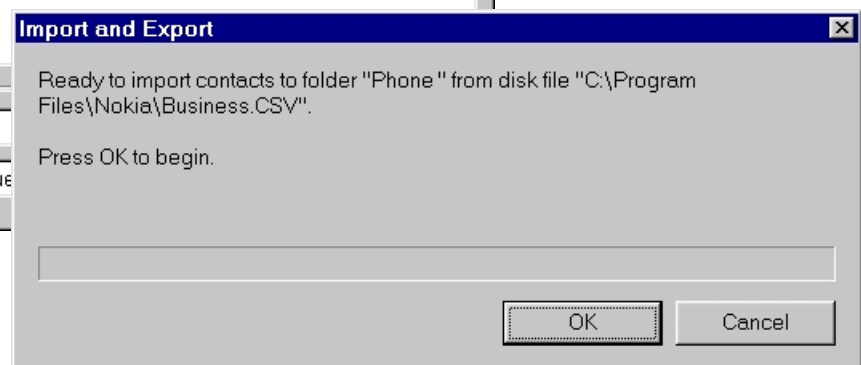
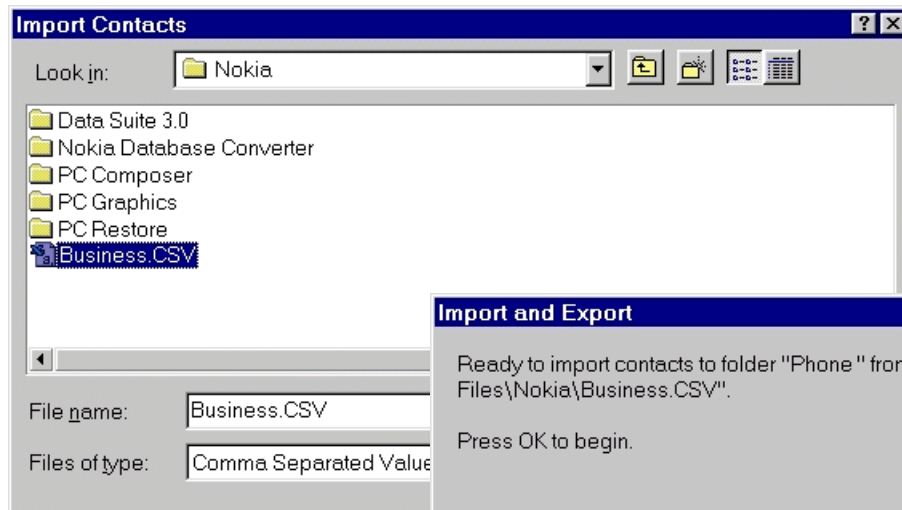
Select the Contact menu and then Import and Export



In the Import and Export window, select Import from file and click Next.



In the Import Contacts window, select the name of the file that you want to import and click Open.



Please note that you need to select the location for the imported contacts in the Contacts main view.

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